THE QUIET REVOLUTION IN PROJECT MANAGEMENT

Sofia, Nov 3rd, 2017

Erik Leung, PMP

GETTING THE RICH INSIGHTS OF INTROVERTS TO IMPROVE YOUR PROJECTS
\[
\frac{dN}{dt} = \frac{-N_0}{\text{Nat}} - \frac{N(N-N_0)(1)(1)}{k_T} + \frac{N_F}{T_F} - \frac{N_T}{T_T}
\]

\[
\frac{dS}{dt} = \Gamma_0 q_0(N-N_0)(1)(1) + \frac{N_F}{T_F} + \frac{N_T}{T_T}
\]

\[
\frac{S}{P_L} = \frac{\Gamma_{TP} k_0}{V_{crit} m_c}
\]

\[
P_T = \text{(m)}
\]
75 / 15 = ?
I knew he wasn’t so bright

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75 / 15 = ?

I thought Chinese guys could calculate well
Why can’t he answer?

Does he notice that I don’t care?

I knew he wasn’t so bright

75 / 15 = ?

I thought Chinese guys could calculate well

How long is this going to take?

I’m going step in to do the job
75 / 15 = ?
I thought Chinese guys could calculate well.
Is teacher going to grade this?

I knew he wasn’t so bright.
The sun is shining in my eyes.

Why can’t he answer?
Does he notice that I don’t care?
The tiles are not squared up.

Oh no, Kim is laughing.
I’m going step in to do the job.

How long is this going to take?
The sun is shining in my eyes

Does he notice that I don’t care?

他會算嗎?

Would he answer?

他不會做這題目

Is teacher going to grade the?

Is he going to grade the?

I thought Chinese guys could calculate well.

75 / 15 = ?

Oh, Kim is laughing.

He’s not squared up.

I’m going step in to do the job.

How long is this going to take?
WHY DO INTROVERTED VOICES MATTER?
WHAT IS INTROVERSION?
Shyness
Shyness
Shyness  Hermit
Shyness

Hermit
Shyness

Hermit
0/1
Shyness

Hermit

0/1
SO WHAT IS INTROVERSION?
Research by Gregor Cresnar from the Noun Project
F____ W____

Genetics  C_________
Free Will

Genetics

Introvert by Dairy Free Design from the Noun Project
When we see men of a contrary character, we should turn inwards and examine ourselves

Confucius, +/- 500 BC
Free Will

Genetics  Culture

Introvert by Dairy Free Design from the Noun Project
Now, how to apply the science in general?
CONSIDERATIONS
Reduce Stimuli
CONSIDERATIONS

Reduce Stimuli

Meaning
CONSIDERATIONS

Reduce Stimuli  Meaning  Environment
Now, how to apply the science in project management?
5 PRACTICAL STRATEGIES
#1
Hey Erik, you can help for 5 min, right?
HISSING TECHNIQUE
Top 3 fears of people in Britain:

1. Public Speaking
2. Deep Water
3. Spiders

http://www.goodtoknow.co.uk/wellbeing/344550/britain-top-10-worst-fears
Top 3 fears of people in Britain:

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http://www.goodtoknow.co.uk/wellbeing/344550/britain-top-10-worst-fears
PUBLIC SPEAKING
PUBLIC SPEAKING
MEANINGFUL SHARING
EXAMPLE
#3
“I never get the good projects…”
PIE MODEL
Performance
Image

Performance
Performance

Image

Exposure
Let’s do a workshop to generate some ideas
Let’s do a workshop to generate some ideas
Let’s do a **LOUD** shop to generate ideas
Brainstorming
Brainstorming
Speedboat exercise
Reduce Stimuli

• Brainwriting
  =
  Quiet writing

• Repeat
Reduce Stimuli

- Brainwriting = Quiet writing
- Repeat

Meaning

- Highlight value of exercise
- Clear objective
- Name playing field
Reduce Stimuli

- Brainwriting = Quiet writing
- Repeat

Meaning

- Highlight value of exercise
- Clear objective
- Name playing field

Environment

- Ground rules of workshop
- Fair "Airtime"
- Visualize
Erik, I always know what to say after the meeting...
“OFFLINE” COLLABORATION
What does it feel like to be an introvert?

Lawrence Kurniawan, Operations Coordinator at Uber
Updated Apr 6, 2014

There are many different kinds of introverts -- some can even appear like extroverts because we tend to overcompensate and put on mask in front of everyone else. I think I spend 70-80% of my time i... (more)

Are there mostly introverts on Quora?

Kate Scott, Introvert for 25 years
Updated Dec 6

It’s seriously the best. When we go out together, we usually are both ready to go home at about the same time. Nobody drags the other one. We just like each other company and when we are getting too social, we leave. So we have a lot of great nights out and don’t have to deal with the hangover after! (more)

What’s it like for an introvert to be best friends with another introvert?

Shyness
106.1k Followers

Shyness Tips and Hacks
144.7k Followers

Socializing as an Introvert
14 Followers

Character and Personality
555.5k Followers

Understanding Character and Personality
7k Followers

Introverts and Extroversion
102.9k Followers

Extroverts Vs. Introverts
12 Followers
Latest Posts

**new discussion**

**List of SharePoint development tools**
What tools do you consider essential in your SharePoint development toolkit? One answer per post.

- By [User](#)  In General  Latest reply by [Another User] About an hour ago

**How to update custom master page and page layout, which is already deployed**
I have a feature which deploying custom page layout. It's done by this code:

```html
<Module Name="..."
```

- By [User](#)  In General  Latest reply by [Another User] About an hour ago

**How do I enable "Open in Explorer"?**
I have full control over my SharePoint site. When I click on my document library and then click the "Open in Explorer" menu, it doesn't do anything.

- By [User](#)  In General  Latest reply by [Another User] About an hour ago

**An introduction to SharePoint 2010**
I've been a member of Stack Overflow for a while and have this week been given a project of ha...

- By [User](#)  In General  Latest reply by [Another User] About an hour ago
speed by Eucalyp from the Noun Project

Crosshair by Creative Stall from the Noun Project
deadline by Seyes Ari Wibowo from the Noun Project
SO NOW WHAT?
5 PRACTICAL STRATEGIES

• The Hissing Technique
• Meaningful Sharing
• PIE Model
• Speedboat exercise
• Offline Collaboration
CONSIDERATIONS

Reduce Stimuli  Meaning  Environment
The sun is shining in my eyes.

75 / 15 = ?

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Oh no, Kim is laughing.

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I'm going step in to do the job.

他會算嗎?

他不會做這個題目?

這題事情很乏味?
75 / 15 = 5
A FAVOUR FROM YOU?
SHARE WHAT YOU SEE AS ISSUES IN WORKING WITH INTROVERTS OR EXTRAVERTS ON THE POST IT NOTE AND PASTE ON THE WALL BEHIND YOU.
COMMITMENT
ANSWERING YOUR QUESTIONS AND
ADDRESSING YOUR COMMENTS
ON MY BLOG
WWW.TAO-PROJECTS.COM
THANK YOU
LET’S CONNECT :)

LET'S CONNECT :)
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#ProudFamilyMan
#Passion
#PseudoExtravert
#Intrapreneur
#ProjectManagement
#Innovation
#SharingKnowlege

Key to Happiness = Growth
REFERENCES

• “Quiet” by Susan Cain
• “The Introvert Advantage” by Marti D. Olsen
• “Empowering yourself: the organisation game revealed” by Harvey J Coleman
• “Gamestorming” by Dave Gary, Sunni Brown, James Macanufo
• “Louder Than Words” by Todd Henry
Content

Protocol

Respect

Emotion